



### **What Does Take Safety Mean to You?**

It means taking the time to recognize the hazard(s) and taking the appropriate steps to protect yourself, your fellow workers, family and friends.

Everyone should develop the habit of thinking about safety during a work shift, on the way home, at home or on vacation. Thus, think about safety before you start any job, when you go to do something that is potentially dangerous (i.e. lighting a gas burner, jump-starting a vehicle, etc.), when putting on safety equipment and by making sure machine guards are in place.

***Ask yourself the following questions at work and at home:***

- Do I know and understand the safety procedures for this job or task? Are they adequate?
- What tools and other equipment do I need to do the job safely? Are they the correct ones? Are they in good condition? Do I know how to use them?
- What personal protective equipment do I need? Is it in good condition? Is it adequate?
- Are there other risks to my safety or the safety of others? What if something happens quickly or unexpectedly? Do I know how to respond to avoid injury?

How often should we have thoughts about safety? Frequently since the human mind is one of the fastest processors of information. To think about all of this only take a few seconds.



***Remember: "No task is so important that it be done at the risk of safety."***

